

Tea & sympathy are not enough!

The need for a national catastrophic drug plan for Canadians living with diabetes by Karen Philp, Executive Director Office of Public Policy & Government Relations AIMS Forum, 16 May 2006, Halifax





Diabetes in Canada 2006

• An epidemic:

- More than 2 million Canadians diagnosed with diabetes today.
- Canadians at-risk of type 2 diabetes include:
 - Those with a family history of type 2 diabetes
 - Anyone diagnosed as "pre-diabetes"
 - Aging baby-boomers & seniors
 - First Nation, Inuit & Métis peoples
 - New Canadians from high-risk countries
 - Overweight & inactive Canadians
 - Mother & child gestational diabetes





The Challenge for Canada

- Diabetes & its complications cost our public healthcare system more than \$13 billion annually & is projected to increase.
 - Threatens sustainability of our public healthcare.
 - 1 in 2 Canadians with diabetes suffer complications including heart attacks, kidney disease or blindness.
- The situation is serious!





Canadians living with diabetes

- Greatest personal challenge <u>remains</u> affordability & access to diabetes medications, devices & supplies to manage the disease & reduce the risk of costly health complications.
- There are startling variations in drug plan coverage & financial support levels for Canadians with diabetes.





2006

Disparities in drug plan coverage

Jurisdiction	Listed medications	Restricted medications	Medications not listed
British Columbia	7	5	5
Alberta	12	0	5
Saskatchewan	7	7	3
Manitoba	10	4	3
Ontario	6	3	8
Quebec	10	5	2
New Brunswick	6	6	5
Nova Scotia	6	4	7
PEI	7	6	4
Nfld./Labrador	6	6	5
NIHB/Territories	12	2	3





Financial barriers remain...

 Access to diabetes medications, supplies & support depends on where you live in Canada.





Wide disparities exist...



CANADIAN DIABETES ASSOCIATION DU DIABÈTE

What Janet pays



Wide disparities exist...

What Peter pays

Annual out of pocket cost for prescribed medication & supplies	% of Peter's annual income
\$ 3,894.68	13.0 %
\$ 3,674.03	12.3 %
\$ 3,441.83	11.5 %
\$ 3,225.36	10.8 %
\$ 2,225.70	7.4 %
\$ 2,224.15	7.4 %
\$ 2,046.49	6.8 %
\$ 1,897.49	6.3 %
\$ 1,733.61	5.8 %
\$ 1.460.49	4.9 %
\$ 290.15	1.0 %
\$ 40.15	0.1 %
\$ 40.15	0.1 %
\$ 40.15	0.1 %
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2006



The personal cost of diabetes

- Most Canadians with diabetes pay out-of-pocket for diabetes medications & supplies.
 - 46% of Association members spend \$50 to \$200 per month on medications & supplies.
 - 28% spend more that \$200 per month out-of-pocket.
 - 1 in 4 report they cannot afford physician recommended medications nor access them through a public or private insurance plan.





National Catastrophic Drug Plan

- <u>All Canadians eligible</u> if spending more than 3% of adjusted family income each year on medications prescribed by their physician.
- <u>All medications covered</u> if approved as safe, effective & for sale in Canada.
- <u>All provinces & territories</u> are able to participate fully with adequate financial support from federal government.





The need is now...

- 4 million Canadians have drug expenses exceeding 3% of their income.
 - -51% of all seniors
 - 8% of non-seniors





The need is serious...

- Those Canadians with drug expenses exceeding 3% of income account for 66% of all out of hospital drug costs.
 - -85% for seniors
 - -53% for non-seniors





Canadians are already paying...

- Drug costs which exceed 3% of family income (i.e. catastrophic) total \$6.9 billion or 42% of all costs.
 - 57% of costs for seniors
 - 33% of costs for non-seniors





Some pay personally...

- While the majority of Canadians are covered for catastrophic drug costs by public & private drug insurance plans, many slip through the cracks.
 - -2% have no coverage whatever.
 - 9% are only partially protected.





How much would it cost...

- The incremental cost to provide broad protection from catastrophic drug costs would be a small fraction of existing spending.
 - Cost projections depend on the plan details but are generally less than \$500 million.





We can afford it...

- Healthcare renewal agenda includes proposal for a national catastrophic drug plan.
 - \$41 billion for implementation
- Federal government surplus
 - \$8.2 billion in 2005/06; \$9.2 billion in 2006/07
 - \$54.5 billion to 2010/11.





A Catastrophic Drug Plan will...

- End the disparities in access to diabetes medications & supplies.
- Ensure Canadians with diabetes manage effectively; live healthier & more productively.
- Reduce the risk of costly, long-term complications.
- Relieve growing pressures on our healthcare system
 & advance the healthcare renewal agenda.





Recent actions

- Called for federal leadership & support for the urgent creation of a National Catastrophic
 Drug Plan that includes diabetes & all chronic diseases during federal election campaign.
- Wrote to all provinces & territories to ask for their support for our call for immediate action on the plan.





Recent actions

 Provided Canadian Diabetes Association's position & principles to the F/P/T NPS information session Monday, 15 May 2006 in Toronto.





Upcoming activities

- Our annual National Advocacy Leadership Forum 2006 & Diabetes Day on the Hill to train diabetes advocates on June 4th & then have them advocate directly with MPs & Senators on June 5th.
- Monitoring NPS & preparing for next steps post 30 June 2006.





THANK YOU!

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